

MASTERCLASS POWERED BY HISENSE: PROGRAMME

Hisense

FRIDAY 27 MAY	TOPIC	CHEF/ MIXOLOGIST
15:30	Hand Tied Tussie Mussie	Flower Walker
16:30	Oat milk & Vegan Mayonnaise	Jay Miller
17:30	Potent Plant medicinal hot drinks	Peter Daniel
18:30	"Inspired by fynbos" cocktail masterclass with Kurt Schlechter and Schweppes premium mixers	Kurt Schlechter
SATURDAY 28 MAY	TOPIC	CHEF/ MIXOLOGIST
11:30	A Superfood Protein Smoothie Bowl	Peter Daniel
12:30	Dikgobe bowl topped with grilled mushrooms & chimichurri	Mokgadi Itsweng
13:30	Harissa-hummus ch*cken pasta	Leozette Roode
14:30	Oat milk & Vegan Mayonnaise	Jay Miller
15:30	Beloved South African Malva Pudding - Completely Vegan	Andriëtte de la Harpe
16:30	"Inspired by fynbos" cocktail masterclass with Kurt Schlechter and Schweppes premium mixers	Kurt Schlechter
17:30	Kelp Ravioli	Phil Mansergh
18:30	"Inspired by fynbos" cocktail masterclass with Kurt Schlechter and Schweppes premium mixers	Kurt Schlechter
SUNDAY 29 MAY	TOPIC	CHEF/ MIXOLOGIST
11:30	Discovering 4 Cape Indigenous Ingredients	Loubie Rusch
12:30	Food that fuels your purpose	Michelle Mistry
13:30	"Inspired by fynbos" cocktail masterclass with Kurt Schlechter and Schweppes premium mixers	Kurt Schlechter
14:30	Non-Alcoholic Mixology	Owen O'Reilly
15:30	Potent Plant medicinal hot drinks	Peter Daniel
16:30	"Inspired by fynbos" cocktail masterclass with Kurt Schlechter and Schweppes premium mixers	Kurt Schlechter

MASTERCLASS

THE
PLANTPOWERED
SHOW

Follow us for event updates:

   @plantpowerza

*The programme may be subject to change without prior notice.

Schweppes

UNIQUE
KITCHENS

SONAE
ARAUCO
Taking wood further

thermomix

INDIKA AP

Soaring Free
SUPERFOODS

KELP SHACK

mpedi
SUSTAINABILITY
INSTITUTE

local
WILD

ABSTINENCE
PREMIUM DISTILLED WITH AGRICULTURAL SPIRITS
RESTORE BALANCE

add an
AVO
MULTIPLIER
SOUTH AFRICA

KitchenAid

INTERNATIONAL
HOTEL SCHOOL

CRUSH
Weekend Argus

bogard

AGT
FOODS
AFRICA

alpro

B-well
Ingredients for Better Living

ON THE
GREEN
SIDE

DENNY

nmondvol.

bio
Good for life
organic and gluten free

Pesto
Princess

BullaNutt

AMMA'S
CREAMERY

CultureLab
KOMBUCHA

SEGA
organic

MAMUSA
nature on the move!