

MASTERCLASS



MC: BJÖRN L. SALSONE



Friday 4 August

TOPIC

CHEF / MIXOLOGIST

12:30	Taste of Zambia: Lumanda, Impwa and Nshima	Black Garlic (Clara Kapelembe Bwali) and Wood Kitchen (Lulu and William)
14:00	Vegan chocolate Marula Nut Clusters	Gregory Henderson
15:30	The Nebraska & The Butterfly Effect	Gwylm Humphreys
16:30	African Bean Balls	Siphiwe Sithole

Saturday 5 August

TOPIC

CHEF / MIXOLOGIST

10:45	Dried cow pea leaves in peanut sauce with Nshima	Black Garlic (Clara Kapelembe Bwali) and Wood Kitchen (Lulu and William)
12:30	Ragu with Eggless Handmade Tagliatelle and Vegan Parmesan Dust	Deena Naidoo & Nokwanda Mthembu
14:00	Lentil Cottage Pie and Avocado Chickpea Salad	Rea - The Cooking Dietician
15:30	Eat the rainbow Buddha Bowl	Sue Gajathar
16:30	Cocktail masterclass with Schweppes premium mixers - The Classic & Protein Shake	Mzoli Zwane & Sabelo

Sunday 6 August

TOPIC

CHEF / MIXOLOGIST

11:30	Palak Tofu	Sue Gajathar
12:30	Chikanda & Samp Stir Fry	Black Garlic (Clara Kapelembe Bwali) and Wood Kitchen (Lulu and William)
13:30	Kitchree and Firecracker Cauliflower	Jessica Munisamy
14:30	Cocktail masterclass with Schweppes premium mixers - The Classic & Protein Shake	Mzoli Zwane & Sabelo
15:30	Vegan chocolate Marula Nut Clusters	Gregory Henderson

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* The programme may be subject to change without prior notice.